

IN THE UNITED STATES DISTRICT COURT  
FOR THE NORTHERN DISTRICT OF CALIFORNIA

JAIME IGNACIO ESTRADA,  
Plaintiff,  
vs.  
C. MALO-CLINES,  
Defendant.

) No. C 10-4832 LHK (PR)  
) ORDER GRANTING DEFENDANT'S  
MOTION FOR SUMMARY  
JUDGMENT; DENYING  
PLAINTIFF'S MOTION FOR  
SUMMARY JUDGMENT  
)  
(Docket Nos. 42, 48, 54, 56, 58, 59, 60)

Plaintiff, proceeding *pro se*, filed a civil rights complaint<sup>1</sup> pursuant to 42 U.S.C. § 1983 against Nurse Practitioner C. Malo-Clines (“Defendant”) at Pelican Bay State Prison (“PBSP”). Plaintiff alleges that Defendant was deliberately indifferent to his serious medical needs, in violation of the Eighth Amendment.

Defendant has moved for summary judgment.<sup>2</sup> Plaintiff has filed an opposition (and two addendums to the opposition), and Defendant has filed a reply. Plaintiff has also filed a motion

<sup>1</sup> Plaintiff's motion for leave to amend his complaint (docket no. 42) to include damages is GRANTED.

<sup>2</sup> Plaintiff's motion to strike Defendant's Exhibits Y and Z (docket no. 54) is DENIED as unnecessary. The Court did not consider Exhibits Y and Z in its analysis of the motions for summary judgment.

1 for leave to file a surreply, along with a surreply.<sup>3</sup> Defendants have also filed a supplemental  
 2 reply to Plaintiff's supplemental opposition. Plaintiff has also filed a motion for summary  
 3 judgment.<sup>4</sup> Defendant has filed an opposition, and Plaintiff has filed a reply (and addendum in  
 4 support of the reply).

5 Having carefully considered the papers submitted, the Court hereby GRANTS  
 6 Defendant's motion for summary judgment, and DENIES Plaintiff's motion for summary  
 7 judgment, for the reasons set out below.

## 8 BACKGROUND

9 Plaintiff filed this action, alleging that Defendant was deliberately indifferent to his  
 10 serious medical needs. At the time of the underlying events, Plaintiff was a 37-year old prisoner  
 11 who claimed that he had been suffering from degenerative disc disease, osteoarthritis, and  
 12 sciatica since 2006. (Compl. at 3, 7.) Since January 2010, Plaintiff has complained to the  
 13 medical staff of severe pain, and ineffective pain medication. (*Id.* at 3.) Plaintiff alleges that his  
 14 complaints have gone ignored. (*Id.* at 3.) According to Plaintiff, Defendant engaged in  
 15 unqualified medical practices by refusing to have him be seen by a qualified specialist. (Opp. at  
 16 7, 9.) Plaintiff further alleges that he suggested more effective medications to treat his pain, and  
 17 Defendant denied the requests, leaving Plaintiff to suffer the consequences. (*Id.* at 8.) Plaintiff  
 18 also complains that Defendant refused to accommodate his requests for a lower bunk chrono.  
 19 (*Id.* at 9.) In response, Defendant argues that she provided all treatment that was medically  
 20 necessary, and that Plaintiff's allegations amount to no more than a difference of opinion.

21 The following facts are viewed in the light most favorable to Plaintiff, and are undisputed  
 22 unless otherwise indicated.

23 Since March 2006, Defendant has been a nurse practitioner at PBSP. (MSJ, Appendix,  
 24 Ex. A, Decl. Malo-Clines ("Decl. Malo-Clines.") at ¶ 1.) She also sits on PBSP's Pain  
 25 Committee, made up of medical staff who meet to address issues that arise during treatment of

26  
 27 <sup>3</sup> Plaintiff's motion for leave to file a surreply (docket nos. 59, 60) is GRANTED.

28 <sup>4</sup> Plaintiff's motion to amend/correct his motion for summary judgment (docket no. 58)  
 is GRANTED.

1 inmates at PBSP regarding pain management. (*Id.*)

2 On December 7, 2009, Plaintiff complained of severe pain and requested Tylenol 3  
3 (“T3”). (Compl. at 7.) Plaintiff had previously been prescribed T3, but the prescription was  
4 discontinued. (*Id.*) Plaintiff submitted complaints on December 11, 2009, January 10, 2010, and  
5 January 13, 2010. (*Id.*) On January 15, 2010, Nurse Abad tended to Plaintiff, and noted that  
6 Plaintiff had been waiting to see a doctor for over one month for severe pain. (*Id.*) Nurse Abad  
7 also noted that Plaintiff’s current pain medication was not effective. (*Id.* at 7-8.) Nurse Abad  
8 gave Plaintiff regular Tylenol. (*Id.* at 8.)

9 On January 17, January 19, and January 21, 2010, Plaintiff submitted complaints that he  
10 was not receiving his medication refills, was in severe pain, and requested a doctor. (*Id.*) On  
11 January 25, 2010, Nurse Abad saw Plaintiff, and noted that the doctor had only ordered regular  
12 Tylenol for him, although she recognized that Plaintiff responded best to T3 and the current  
13 medications were not effective against Plaintiff’s pain. (*Id.*)

14 On January 27, 2010, Defendant attended to Plaintiff for a chronic care appointment  
15 regarding his chronic lower back pain, high blood cholesterol, Parkinson’s disease, allergic  
16 rhinitis, tinnitus, and conjunctivitis. (Decl. Malo-Clines at ¶ 5.) At that time, Plaintiff reported  
17 to Defendant that his back pain was limited to his lower back, and that his current medication of  
18 salsalate (a non-steroidal anti-inflammatory medication) was ineffective to relieve his pain. (*Id.*  
19 at ¶ 6.) After examining Plaintiff, Defendant concluded that Plaintiff’s back pain was axial, i.e.,  
20 that Plaintiff had lower back pain that did not travel into other areas of the body. (*Id.* at ¶ 7.)  
21 Based on Defendant’s medical opinion, the treatment for axial back pain is generally non-  
22 surgical, conservative treatment, i.e., a combination of physical therapy and/or exercise and  
23 stretching; applications of ice/heat packs; and pain relief medication. (*Id.* at ¶ 8.) After  
24 Defendant’s examination, she discussed with Plaintiff the appropriate medications. (*Id.* at ¶ 9.)  
25 They reviewed different exercises and activities that Plaintiff could do to treat his back pain.  
26 (*Id.*) Defendant encouraged moderate activity; suggested that Plaintiff borrow a particular yoga  
27 book from the library; and prescribed naproxen, a non-steroidal anti-inflammatory drug, to be  
28 taken as needed. (*Id.*; Appendix, Ex. D.) Defendant also treated his non-back pain symptoms.

1 (Decl. Malo-Clines at ¶ 10; Appendix, Ex. E.)

2 On February 1 and February 6, 2010, Plaintiff submitted complaints of severe pain and  
 3 ineffective pain medication. (Compl. at 8.) On February 10, 2010, Plaintiff submitted another  
 4 complaint indicating that he was experiencing impaired mobility. (*Id.*) In response to his  
 5 complaint, Plaintiff was given regular Tylenol. (*Id.*) On February 13, 2010, Plaintiff requested a  
 6 bottom bunk chrono because it was painful for him to jump up and down from a top bunk bed.  
 7 (*Id.*)

8 On February 18, 2010, Defendant examined Plaintiff and confirmed that the medication  
 9 Plaintiff was receiving -- naproxen -- was not effective in lowering his pain, and that Plaintiff's  
 10 left leg felt heavy and periodically went numb if Plaintiff stood for more than thirty minutes.  
 11 (*Id.*; Decl. Malo-Clines at ¶ 11; Appendix, Ex. F.) Plaintiff showed Defendant some paperwork  
 12 for Inmate Torres, showing that Torres had been given methadone for the same chronic pain that  
 13 Plaintiff was experiencing, and suggested to Defendant that he also receive methadone. (Compl.  
 14 at 8; Decl. Malo-Clines at ¶ 11.) Defendant asked Plaintiff whether he had tried to do yoga, as  
 15 recommended, and Plaintiff offered no explanation after stating that he did not. (Decl. Malo-  
 16 Clines at ¶ 12.) After completing her examination of Plaintiff, Defendant noted that there had  
 17 been no change in the condition of his back from the previous month's visit. (*Id.* at ¶ 13.)  
 18 Defendant repeated her recommendations that Plaintiff be active, borrow the yoga book from the  
 19 library, and utilize alternate pain control methods. Defendant changed Plaintiff's pain  
 20 medication prescription to salsalate, and increased his prescription of tegretol. (*Id.* at ¶ 13;  
 21 Appendix, Ex. G.) Defendant also denied Plaintiff's request for a bottom bunk chrono. (Compl.  
 22 at 9.) Defendant reasoned that Plaintiff's 2009 request for the same had been denied because his  
 23 condition did not warrant such a chrono then, and Plaintiff's condition still did not warrant such  
 24 a chrono. (Decl. Malo-Clines at ¶ 16.) Defendant consulted with Chief Medical Officer Dr.  
 25 Sayre, and Dr. Sayre agreed that Plaintiff's condition did not warrant a bottom bunk chrono at  
 26 that time. (*Id.* at ¶ 17.)

27 On February 22, 2010, Defendant saw Plaintiff in response to an administrative appeal  
 28 that Plaintiff had filed in January 2010, requesting methadone and a rheumatoid arthritis test.

1 (Decl. Malo-Clines at ¶ 18.) Based on her medical opinion, Defendant observed no changes in  
 2 Plaintiff's condition that would warrant a lower bunk chrono or prescription for methadone, and  
 3 denied both. (*Id.*; Compl. at 9.) Nonetheless, Defendant increased Plaintiff's prescription of  
 4 salsalate and tegretol to treat his pain. (Decl. Malo-Clines at ¶ 18; Appendix, Ex. H.)

5 On February 25, 2010, Plaintiff complained of severe pain, requested a chrono for a  
 6 lower bunk, complained that he could not stand for longer than thirty minutes, and complained  
 7 that the pain medication was ineffective. (Compl. at 9.) On March 10, 2010, Plaintiff  
 8 complained of back spasms and lower back pain, requested a lower bunk, and complained that  
 9 his pain medication was ineffective. (*Id.*) Plaintiff was given Tylenol. (*Id.*) On April 6, April  
 10 11, and April 12, 2010, Plaintiff complained of severe pain. (*Id.*) On April 20, 2010, Defendant  
 11 renewed Plaintiff's order for salsalate and tegretol. (Decl. Malo-Clines at ¶ 19; Appendix, Ex.  
 12 I.)

13 On April 26, 2010, Plaintiff hurt his back jumping down from the top bunk and was  
 14 unable to get up. (Compl. at 9.) Plaintiff was transported by wheelchair to the clinic. (*Id.*)  
 15 Nurse Abad asked Defendant whether Plaintiff could receive Tylenol for his pain, in light of his  
 16 other prescribed medications, and Defendant approved it. (Decl. Malo-Clines at ¶ 20.) Plaintiff  
 17 reported his pain to be a 10 out of 10, and Defendant directed that Plaintiff receive the Tylenol,  
 18 and directed Plaintiff to move his mattress to the floor.<sup>5</sup> (Compl. at 9.)

19 On April 27, 2010, Plaintiff told Defendant that his back "went out" recently, and he was  
 20 taken to the clinic in a wheelchair. (Decl. Malo-Clines at ¶ 22.) Defendant examined him, and  
 21 discovered that Plaintiff had no spasms, his gait and straight-leg tests were normal, and Plaintiff  
 22 was able to move off the examination table with ease. (*Id.*) Defendant concluded that Plaintiff's  
 23 back pain was still axial and should be treated with physical activity and moderate medication.  
 24 (*Id.*) Defendant gave Plaintiff ibuprofen, which had previously been ineffective. (Compl. at 9.)  
 25 Defendant believed that T3, previously prescribed by the dental office, was inappropriate. (Decl.

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26  
 27       <sup>5</sup> Defendant disputes that she gave the order to place Plaintiff's mattress on the floor.  
 28 (Decl. Malo-Clines at ¶ 21.) She explains that she was not consulted about the appropriateness  
 of such an order, and would not have recommended such treatment because the effectiveness is  
 inconclusive. (*Id.*)

1 Malo-Clines at ¶ 22.) Defendant and Plaintiff discussed treatment and trying sulindac, a non-  
2 steroid, anti-inflammatory medication, for pain control. (*Id.*; Appendix, Exs. J, K, L.)

3 On April 28, April 29, May 4, May 7, May 8, May 9, and May 10, 2010, Plaintiff  
4 complained of severe pain but was denied “proper” pain relief. (Compl. at 9-10.) Nurse Abad  
5 reported to Defendant that she had examined him on May 10, 2010, in response to Plaintiff’s  
6 back pain and request for a bottom bunk, and observed no changes in Plaintiff’s condition.  
7 (Decl. Malo-Clines at ¶ 23.) On May 11, and May 12, 2010, Plaintiff again requested, and was  
8 denied, a bottom bunk chrono. (Compl. at 10.)

9 On May 14, 2010, Plaintiff complained of severe daily pain due to Defendant’s  
10 discontinuation of all pain medication except for regular Tylenol. (Compl. at 10.) On May 16,  
11 2010, Plaintiff submitted a request for medical intervention because of the severe pain he was  
12 experiencing. (*Id.*) Thereafter, Plaintiff continued to complain of pain, as well as difficulty  
13 standing and lying down on May 19, May 21, and May 26, 2010. (*Id.* at 10-11.)

14 On May 26, 2010, Defendant examined Plaintiff and determined that his back pain was  
15 still axial. (Decl. Malo-Clines at ¶ 25.) Defendant told Plaintiff to stop requesting Tylenol from  
16 the nurses at the clinic, and refrain from buying Tylenol, so that Defendant could monitor the  
17 effectiveness of the prescription medication. (*Id.*) Defendant discussed with Plaintiff the  
18 reasons that he did not qualify for a bottom bunk chrono. (*Id.*) Defendant prescribed sulindac  
19 for pain control, and ordered x-rays to rule out fractures. (*Id.*; Appendix, Exs. M, N.) On June  
20 17, 2010, after Plaintiff requested discontinuing sulindac and requested Tylenol, Defendant  
21 complied because Plaintiff indicated the Tylenol was more effective. (Decl. Malo-Clines at ¶  
22 26.)

23 On July 13, 2010, Defendant again examined Plaintiff, and her findings were consistent  
24 with her initial findings that Plaintiff’s back condition was axial, and should be treated with  
25 conservative management, i.e., physical therapy and moderate medication. (*Id.* at ¶ 27.)  
26 Defendant again recommended physical activity, and again suggested that Plaintiff borrow the  
27 yoga book from the library. (*Id.*) Defendant renewed the orders for Tylenol and sulindac, as she  
28 believed the sulindac could be effective if Plaintiff took it as prescribed. (*Id.*; Appendix, Exs. Q,

1 R.)

2 On September 22, 2010, Plaintiff submitted an inmate request complaining of severe pain  
3 and ineffective pain medication. (Compl. at 11.) The following day, a psychiatrist came to  
4 Plaintiff's cell because a mental evaluation was ordered for Plaintiff in response to his  
5 complaints of severe pain. (*Id.*)

6 On September 29, 2010, Plaintiff stated that he had been receiving his Tylenol  
7 prescription, but he was returning the Tylenol and sulindac because they were ineffective. (Decl.  
8 Malo-Clines at ¶ 28.) Defendant ordered a increase in Plaintiff's Tylenol prescription in an  
9 effort to ease Plaintiff's pain. (*Id.*; Appendix, Exs. S, T.) On October 8, 2010, Defendant  
10 examined Plaintiff during a sick call, and determined that Plaintiff's back pain was still axial.  
11 (Decl. Malo-Clines at ¶ 30.) Defendant prescribed Tylenol and salsalate for the pain. (*Id.*;  
12 Appendix, Exs. U, V.)

13 On September 10, 2010, Plaintiff filed a state habeas petition in the Del Norte County  
14 Superior Court. (Plaintiff's Req. for Jud. Not., Ex. A at ¶ 2.) In the state action, the Superior  
15 Court ordered the California prison medical receiver to file a return to the petition, which return  
16 was filed on or about November 18, 2010. (*Id.*, Ex. A.) In his return, the receiver concluded that  
17 Plaintiff's condition was not severe, and that California Department of Corrections and  
18 Rehabilitation ("CDCR") medical staff had provided Plaintiff with proper care. (*Id.* at ¶ 17.)  
19 Specifically, the receiver concluded that examination by Dr. Christoph Beisenherz revealed that  
20 Plaintiff had normal posture and gait; mild tenderness and mildly restricted mobility of the  
21 lumbar area; and no neurological deficits such as weakness or numbness in the lower  
22 extremities. (*Id.* at ¶ 15.) The receiver further noted that Plaintiff "should not have a constant  
23 need for opiates such as [T3], which can be addictive." (*Id.*) Nevertheless, "to ensure  
24 [Plaintiff]'s health care needs continue[d] to be fully and properly addressed prospectively," the  
25 receiver adopted the Corrective Action Plan ("CAP") proposed by Dr. Beisenherz. (*Id.* at ¶ 18.)  
26 The CAP included a consultation with a specialist in physiatry/pain management. (*Id.*)  
27 Thereafter, on or about January 13, 2011, Plaintiff was evaluated by G. Williams, M.D. ("Dr. G.  
28 Williams.") (*Id.*, Ex. D.)

1 Dr. G. Williams noted that the comprehensive radiologic studies of Plaintiff's lumbar  
 2 spine were negative for spinal mediated pain. (*Id.*, Ex. D at 3.) He did, however, diagnose  
 3 "chronic myofascial related pains causing low back pain." (*Id.*) According to Dr. G. Williams,  
 4 "[l]ack of an adequate stretching program ha[d] contributed to [Plaintiff's] condition." (*Id.*) He  
 5 recommended a physical therapist evaluate Plaintiff's exercise program "to ensure that he is not  
 6 performing it incorrectly." (*Id.*) In his opinion, nonsteroidal anti-inflammatory drugs and  
 7 Tylenol were appropriate medications to manage pain. (*Id.* at 4.) In the event Plaintiff's pain  
 8 worsened, Dr. G. Williams recommended "trigger point injections" during "painful episodes."  
 9 (*Id.*)

#### 10 **LEGAL STANDARD**

11 Summary judgment is proper where the pleadings, discovery and affidavits demonstrate  
 12 that there is "no genuine issue as to any material fact and that the moving party is entitled to  
 13 judgment as a matter of law." Fed. R. Civ. P. 56(c). Material facts are those which may affect  
 14 the outcome of the case. *Anderson v. Liberty Lobby, Inc.*, 477 U.S. 242, 248 (1986). A dispute  
 15 as to a material fact is genuine if there is sufficient evidence for a reasonable jury to return a  
 16 verdict for the nonmoving party. *Id.*

17 The party moving for summary judgment bears the initial burden of identifying those  
 18 portions of the pleadings, discovery and affidavits which demonstrate the absence of a genuine  
 19 issue of material fact. *Celotex Corp. v. Cattrett*, 477 U.S. 317, 323 (1986). Where the moving  
 20 party will have the burden of proof on an issue at trial, it must affirmatively demonstrate that no  
 21 reasonable trier of fact could find other than for the moving party. But on an issue for which the  
 22 opposing party will have the burden of proof at trial, the moving party need only point out "that  
 23 there is an absence of evidence to support the nonmoving party's case." *Id.* at 325.

24 Once the moving party meets its initial burden, the nonmoving party must go beyond the  
 25 pleadings and, by its own affidavits or discovery, "set forth specific facts showing that there is a  
 26 genuine issue for trial." Fed. R. Civ. P. 56(e). The Court is only concerned with disputes over  
 27 material facts and "factual disputes that are irrelevant or unnecessary will not be counted."  
 28 *Anderson*, 477 U.S. at 248. It is not the task of the Court to scour the record in search of a

genuine issue of triable fact. *Keenan v. Allen*, 91 F.3d 1275, 1279 (9th Cir. 1996). The nonmoving party has the burden of identifying, with reasonable particularity, the evidence that precludes summary judgment. *Id.* If the nonmoving party fails to make this showing, “the moving party is entitled to judgment as a matter of law.” *Celotex Corp.*, 477 U.S. at 323.

The Court’s function on a summary judgment motion is not to make credibility determinations or weigh conflicting evidence with respect to a disputed material fact. *See T.W. Elec. Serv. v. Pacific Elec. Contractors Ass’n*, 809 F.2d 626, 630 (9th Cir. 1987). The evidence must be viewed in the light most favorable to the nonmoving party, and the inferences to be drawn from the facts must be viewed in a light most favorable to the nonmoving party. *See id.* at 631.

## DISCUSSION

### A. Request for Admissions

As an initial matter, Plaintiff requests that the Court sanction Defendant for perjury. Plaintiff asserts that he served counsel for Defendant with requests for admissions (“RAP”) in May 2011, but he never received any substantive response to those requests until Defendant served her motion for summary judgment on February 16, 2012. Counsel for Defendant avers that he responded to Plaintiff’s RAP on May 31, 2011, and attaches a declaration stating the same. (MSJ, Appendix, Exs. AA at ¶ 5, BB.) Plaintiff contends that Defendant is lying because the prison mail log shows no communication being received from defense counsel in June or July of 2011. (Docket No. 51, Addendum, Ex. A.) Despite Plaintiff’s failure to receive the response to his RAP, the fact that the prison has no record of receiving the documents does not necessarily demonstrate that Defendant failed to send them. In light of defense counsel’s assertion, under penalty of perjury, that he caused the responses to be mailed on May 31, 2011, and a copy of the certificate of service indicating the same, the Court cannot conclude that Defendant failed to timely respond to Plaintiff’s RAP. Thus, the Court denies Plaintiff’s request for sanctions.

Alternatively, even assuming that Defendant failed to respond to Plaintiff’s RAP, the Court would permit Defendant to withdraw admissions. When a party fails to timely respond to

1 requests for admission, those requests are automatically deemed admitted. *See Fed. R. Civ. P.*  
 2 36(a). “Any matter admitted under this rule is conclusively established unless the court on  
 3 motion permits withdrawal or amendment of the admission.” Fed. R. Civ. P. 36(b). Withdrawal  
 4 or amendment is appropriate when (1) presentation of the merits of the action is furthered, and  
 5 (2) the party who obtained the admission will not be prejudiced in maintaining the action or  
 6 defense on the merits. *See Fed. R. Civ. P. 36(b)*. “[A] district court must specifically consider  
 7 both factors under the rule before deciding a motion to withdraw or amend admissions.” *Conlon*  
 8 *v. United States*, 474 F.3d 616, 622 (9th Cir. 2007). Rule 36(b), however, is permissive with  
 9 respect to withdrawal. *Id.* at 621.

10       “‘The first half of the test in Rule 36(b) is satisfied when upholding the admissions would  
 11 practically eliminate any presentation of the merits of the case.’” *Conlon*, 474 F.3d at 622  
 12 (quoting *Hadley v. United States*, 45 F.3d 1345, 1348 (9th Cir. 1995)). Here, some of the  
 13 admissions go directly to core issues in the litigation, including the ultimate question of liability.  
 14 (MSJ, Appendix, Ex. BB.) Thus, the first prong of the Rule 36(b) test is met.

15       As to the second prong, Plaintiff has the burden of establishing that he will be prejudiced  
 16 if the admissions are withdrawn. *Conlon*, 474 F.3d at 622. “The prejudice contemplated by  
 17 Rule 36(b) is ‘not simply that the party who obtained the admission will now have to convince  
 18 the factfinder of its truth.’” *Hadley*, 45 F.3d at 1348 (quoting *Brook Village North Associates v.*  
 19 *Gen. Elec. Co.*, 686 F.2d 66, 70 (1st Cir. 1982)). “Rather, it relates to the difficulty a party may  
 20 face in proving its case, e.g., caused by the unavailability of key witnesses, because of the  
 21 sudden need to obtain evidence with respect to the questions previously deemed admitted.” *Id.*  
 22 (internal quotation marks omitted). A lack of discovery, without more, does not constitute  
 23 prejudice. *Conlon*, 474 F.3d at 624. Prejudice is more likely to be found where the motion for  
 24 withdrawal is made during trial or when a trial is imminent. *See id.* at 624; *Hadley*, 45 F.3d at  
 25 1348. Plaintiff sets forth no argument that he would be prejudiced if the admissions are  
 26 withdrawn.

27       Accordingly, Plaintiff’s motion for sanctions is DENIED, and the Court concludes that  
 28 none of the matters in the RAP are deemed admitted.

1       B.     Eighth Amendment Claim

2             Deliberate indifference to a prisoner's serious medical needs violates the Eighth  
 3 Amendment. *Estelle v. Gamble*, 429 U.S. 97, 104 (1976). A prison official violates the Eighth  
 4 Amendment only when two requirements are met: (1) the deprivation alleged is, objectively,  
 5 sufficiently serious, and (2) the official is, subjectively, deliberately indifferent to the inmate's  
 6 health or safety. *See Farmer v. Brennan*, 511 U.S. 825, 834 (1994).

7              A "serious" medical need exists if the failure to treat a prisoner's condition could result  
 8 in further significant injury or the "unnecessary and wanton infliction of pain." *Id.* The  
 9 existence of an injury that a reasonable doctor or patient would find important and worthy of  
 10 comment or treatment; the presence of a medical condition that significantly affects an  
 11 individual's daily activities; or the existence of chronic and substantial pain are examples of  
 12 indications that a prisoner has a "serious" need for medical treatment. *McGuckin v. Smith*, 974  
 13 F.2d 1050, 1059-60 (9th Cir. 1992), *overruled on other grounds*, *WMX Technologies, Inc. v.*  
 14 *Miller*, 104 F.3d 1133, 1136 (9th Cir. 1997) (en banc).

15             A prison official exhibits deliberate indifference when he knows of and disregards a  
 16 substantial risk of serious harm to inmate health. *See Farmer*, 511 U.S. at 837. The official  
 17 must both know of "facts from which the inference could be drawn" that an excessive risk of  
 18 harm exists, and he must actually draw that inference. *Id.* "A difference of opinion between a  
 19 prisoner-patient and prison medical authorities regarding treatment does not give rise to a § 1983  
 20 claim." *Franklin v. Oregon*, 662 F.2d 1337, 1344 (9th Cir. 1981). Similarly, a claim of medical  
 21 malpractice or negligence is insufficient to establish a violation of the Eighth Amendment.  
*McGuckin*, 974 F.2d at 1059. In particular, a plaintiff's opinion that medical treatment was  
 23 unduly delayed does not, without more, state a claim of deliberate indifference. *Shapley v.*  
*Nevada Bd. of State Prison Comm'rs*, 766 F.2d 404, 407 (9th Cir. 1985). Where doctors have  
 25 chosen one course of action and a prisoner-plaintiff contends that they should have chosen  
 26 another course of action, the plaintiff "must show that the course of treatment the doctors chose  
 27 was medically unacceptable under the circumstances, . . . and the plaintiff must show that they  
 28 chose this course in conscious disregard of an excessive risk to plaintiff's health." *Jackson v.*

1      *McIntosh*, 90 F.3d 330, 332 (9th Cir. 1996) (internal citations omitted).

2            1.        *Defendant's qualifications*

3            One of Plaintiff's complaints is that Defendant was not qualified to diagnose his  
 4 condition (Opp. at 9), and she prohibited him from seeing a specialist. The fact that Defendant is  
 5 not a doctor, but a nurse practitioner, does not support an inference of deliberate indifference.  
 6 The constitution does not require that inmates be treated only by persons holding M.D. degrees.  
 7 Plaintiff does not identify any particular appropriate or necessary treatment that he did not  
 8 receive solely because Defendant did not have an M.D. degree. Plaintiff also provides no  
 9 evidence suggesting that his back pain was beyond the expertise of a nurse practitioner, and the  
 10 evidence submitted actually points away from such a finding.

11            The above analysis is not altered by the fact that Plaintiff eventually saw an outside  
 12 specialist, Dr. G. Williams, who recommended trigger point injections. At most, such a  
 13 recommendation evidences a difference of opinion regarding the type of pain treatment Plaintiff  
 14 should receive. A mere "difference of medical opinion . . . [is] insufficient, as a matter of law,  
 15 to establish deliberate indifference." *Jackson v. McIntosh*, 90 F.3d 330, 332 (9th Cir. 1996).  
 16 Further, the diagnosis given by the specialist was consistent with that made by Defendant, and  
 17 trigger point injections were only recommended in the event the pain worsened. For example, on  
 18 January 27, 2010, Defendant initially diagnosed Plaintiff with axial lower back pain (Decl.  
 19 Malo-Clines at ¶ 7), and confirmed that his back condition had not changed each time she  
 20 examined him (*id.* at ¶¶ 12-13, 18, 22, 23, 25, 27, 30). Similarly, Dr. G. Williams assessed  
 21 Plaintiff's condition as "axial [lower back pain] with myofascial pain." (Plaintiff's Req. for Jud.  
 22 Not., Ex. D at 3.) Plaintiff submits no evidence indicating that his condition was in any manner  
 23 worsened as a result of his waiting for a specialist, let alone that the wait was the result of  
 24 Defendant's deliberate indifference to his condition. Notably, because Plaintiff has not  
 25 presented evidence that he ever requested Defendant to refer him to a specialist -- or that she  
 26 denied that request -- Defendant certainly should not be found deliberately indifferent for failing  
 27 to do so.

1           2.        *Pain medication*

2           The parties do not dispute that Plaintiff's back pain is a serious medical condition.

3 Assuming that this is a serious medical need, Plaintiff has failed to raise a triable issue of fact  
4 that Defendant acted with deliberate indifference.

5           The undisputed evidence shows that Plaintiff was diagnosed with degenerative disc  
6 disease, osteoarthritis, and sciatica since 2006. Defendant examined Plaintiff on multiple  
7 occasions and provided him treatment for his medical needs. As set forth above, Plaintiff was  
8 seen by Defendant at numerous medical visits for, *inter alia*, his low back pain between January  
9 2010 and October 2010. The evidence demonstrates that Defendant continuously assessed  
10 Plaintiff's symptoms, and recommended treatment according to his clinical presentation.

11          The undisputed evidence does not show or support a reasonable inference of deliberate  
12 indifference by Defendant in her treatment of Plaintiff's back pain. Plaintiff was provided with  
13 medication in the forms of Tylenol, salsalate, naproxen, tegretol ibuprofen, and sulindac.  
14 Defendant also gave general advice regarding alternative methods to minimize his pain, such as  
15 yoga and physical therapy. Although Plaintiff may have preferred a different treatment, his  
16 personal preference is not the measure for a federal constitutional violation. Regarding  
17 Plaintiff's request for methadone, Defendant concluded that methadone was inappropriate for  
18 Plaintiff's condition, and the Medical Administrative Review committee, who approves and  
19 denies prescriptions for methadone, agreed with her assessment. (Decl. Malo-Clines at ¶ 29.) In  
20 addition, Plaintiff's own expert from his state habeas action also opined that Plaintiff was not a  
21 candidate for methadone. (Plaintiff's Req. for Jud. Not., Ex. C at 2.) Dr. G. Williams further  
22 agreed with Defendant that the appropriate medications for Plaintiff's pain management were  
23 non-steroidal anti-inflammatory drugs and Tylenol. (Plaintiff's Req. for Jud. Not., Ex. D at 4.)  
24 Dr. G. Williams also agreed that opioids, such as T3, are not recommended. (*Id.*) On the other  
25 hand, Plaintiff has not presented any competent evidence that a prescription for methadone or  
26 T3, and/or a specialist were the only medically acceptable treatment options for his back pain.  
27 At most, he has shown a difference of opinion about the proper care for his complaints, and that  
28 does not amount to deliberate indifference.

1 Plaintiff cites to *Snow v. McDaniel*, 681 F.3d 978, 986 (9th Cir. 2012), to support his  
 2 claim. However, the inmate in *Snow* presented evidence that specialists and his treating  
 3 physician recommended bilateral total hip surgery, and the surgery was repeatedly denied by a  
 4 Utilization Review Panel, who did not examine or treat the inmate. The Ninth Circuit said,  
 5 “Based on the unchallenged medical records and inferences drawn in favor of [the inmate], a  
 6 reasonable jury could conclude that the decision of the non-treating, non-specialist physicians to  
 7 repeatedly deny the recommendations for surgery was medically unacceptable under all of the  
 8 circumstances.” *Id.* at 988. In Plaintiff’s case, Defendant did not deny any recommended  
 9 treatment, nor did any medical professional declare that Defendant’s course of action was  
 10 medically unacceptable.

11 Plaintiff fails to raise a triable issue of fact that Defendant’s chosen course of action was  
 12 medically unacceptable under the circumstances, and chosen in conscious disregard of an  
 13 excessive risk to his health. In sum, considering the evidence in the light most favorable to  
 14 Plaintiff, the Court finds Plaintiff fails to raise a triable issue of material fact as to whether  
 15 Defendant was deliberately indifferent to Plaintiff’s serious medical needs regarding pain  
 16 medication and management.

17       3.       *Lower bunk chrono*

18 Plaintiff alleges that Defendant consistently refused to grant his request for a lower bunk  
 19 chrono. Although Plaintiff has alleged that it was difficult for him to jump off and on the top  
 20 bunk bed, he has submitted no evidence to support his claim that Defendant denied his requests  
 21 knowing that the denial caused a substantial risk of serious harm to Plaintiff. *See Farmer v.*  
 22 *Brennan*, 511 U.S. 825, 837 (1994).

23 Here, Defendant submitted evidence that she denied Plaintiff’s requests because his back  
 24 condition did not appear to have changed from the previous time that Plaintiff requested a lower  
 25 bunk chrono in 2009, and was denied. (Decl. Malo-Clines at ¶¶ 16, 23, 25.) In addition, Dr.  
 26 Sayre, the Chief Medical Officer agreed with Defendant’s determination that a lower bunk  
 27 chrono was not appropriate at that time. (*Id.* at ¶¶ 17, 18.) Moreover, Dr. Beisenherz from the  
 28 receiver’s office, agreed that “[t]here are no clinical findings which indicate that [Plaintiff]

1 requires a low bunk or low tier at this time.” (Plaintiff’s Req. for Jud. Not., Ex. B at ¶ 13.) He  
2 continued that the CDCR’s policy is to issue a lower bunk chrono for patients with specific  
3 conditions and disorders -- none of which Plaintiff has. (*Id.*) Plaintiff has not provided any  
4 evidence to the contrary. Thus, there is an absence of evidence supporting Plaintiff’s assertion  
5 that Defendant was deliberately indifferent in her denials of Plaintiff’s request for a lower bunk  
6 chrono. Defendant is entitled to judgment as a matter of law.

7 **CONCLUSION**

8 Defendant’s motion for summary judgment is GRANTED. Plaintiff’s motion for  
9 summary judgment is DENIED. Judgment shall be entered in favor of Defendant. The Clerk  
10 shall terminate all pending motions and close the file.

11 IT IS SO ORDERED.

12 DATED: 8/27/12

  
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LUCY H. KOH  
United States District Judge

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